

630R Palliative Medicine

This rotation is available to UC Irvine students only.

Elective at a Glance

Available: ☐ UCI MS3 students ☒ UCI MS4 students ☐ Extramural Students

Duration: 2 or 4 weeks

Number of Students: 1 per rotation block

Grading: H / P / F

Periods Available: The time of the course must be pre-approved by the elective director at least three months prior to the start of the course. No exceptions.

1. Course Director, Coordinator and General Administrative Information

FACULTY AND STAFF

Name	Office Location	Phone	Email
Course Director: Shiho Ito	City Tower Ste. 500	714-456-5834	itos@hs.uci.edu
Course Coordinator: Brandee Lagasse	333 City Tower, Ste 500, Orange, CA 92868	714-509-6087	blagasse@hs.uci.edu

DESCRIPTION

This two- to four-week clinical rotation provides an opportunity for students to improve their knowledge of palliative care and pain and symptom management. They will appreciate the role of culture and spiritual needs in providing care for patients with serious and life-threatening illnesses. It is a unique opportunity to appreciate a team approach to patient care in the inpatient and outpatient setting. Students will be expected to function at the level of a sub-intern and work under the supervision of the attending physician.

PREREQUISITES

This course is intended for fourth-year students enrolled in the undergraduate medical education program at UCI School of Medicine.

RESTRICTIONS

This course is intended for fourth-year students enrolled in the undergraduate medical education program at UCI School of Medicine.

COURSE DIRECTOR

Shiho Ito, MD is a board-certified UCI Health physician who specializes in hospital medicine and palliative care.

Brandee Lagasse is the course coordinator for the 630R course.

INFORMATION FOR THE FIRST DAY

Who to Report to on First Day: Shiho Ito, MD

Location to Report on First Day: Douglas Hospital, room 7003. You will receive an email from the course director prior to the rotation.

Time to Report on First Day: 8 AM

SITE: UC Irvine Medical Center or UC -Irvine Hospital

DURATION: 2 or 4 weeks

Scheduling Coordinator: UC Irvine students please email comsched@hs.uci.edu to make a scheduling appointment.

Periods Available: The time of the course must be pre-approved by the elective director at least three months prior to the start of the course. No exceptions.

NUMBER OF STUDENTS ALLOWED: 1 per rotation

COMMUNICATION WITH FACULTY

Questions about logistics should be directed to the Course Coordinator. Direct questions, comments, or concerns about the course can be directed to the Course Director. Contact information and office location are at the beginning of this document.

The Course Director is also available to meet in person. Please email blagasse@hs.uci.edu to arrange an appointment. To ensure that your email will not be lost in the large volume of email received, please use the following convention for the subject line:

SUBJECT: COURSE NAME, your last name, your issue (e.g. 630R, Smith, Request for appointment)

2. Course Objectives and Program Objective Mapping

The following are the learning objectives for the 630R course. Students are expected to demonstrate proficiency in these areas in order to satisfactorily complete the course. In addition, the extent of a student's mastery of these objectives will help guide the course evaluation and grade.

Course Objective	Mapped UCI School of Medicine Program Objective	Sub Competency	Core Competency
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Take a history and physical examination and communicate effectively in ways essential to palliative medicine.	B1. The ability to competently conduct a medical interview and counseling to take into account patient health beliefs, patient agenda and the need for comprehensive medical and psychosocial assessment; B2. The ability to competently perform a complete and organsystem-specific examination including a mental health status examination	Medical Interview Physical Examination	Skillful Skillful
Understand and respond to the psychological, sociological, cultural and spiritual aspects of patients with serious and life-threatening illnesses and their families.	A5. Knowledge of medical practice, including health care economics and health systems impacting delivery and quality of patient care. C3. Sensitivity and awareness of diverse cultures, health beliefs and social factors impacting patient health and illness; C4. The commitment to seek knowledge and skills to better serve the needs of the underserved in their communities.	Medical Practice Cultural and Social Awareness Cultural and Social Awareness	Knowledgeable Altruistic Altruistic
Understand the pathophysiology and management of common symptoms.	A2. Knowledge of the pathogenesis of diseases, interventions for effective treatment, and mechanisms of health maintenance to prevent disease;	Disease Pathogenesis and Treatment	Knowledgeable
Formulate a treatment plan, incorporating biological, psychological and social influences.	B3. The ability to articulate a cogent, accurate assessment and plan, and problem list, using diagnostic clinical reasoning skills in all the major disciplines;	Patient Management	Skillful
Work with an interdisciplinary team of care	C1. Honesty and integrity reflecting the standards of the profession, in interacting	Professionalism	Altruistic

providers to provide coordinated comfort care for patients with serious and life-threatening illnesses and their families. Understand points of consensus and controversy in the ethical aspects of palliative care.	with colleagues, patients, families and professional organizations; D2. A commitment to coordinated patient care and to the wellbeing of patients and colleagues as evidenced by effective collaboration on interprofessional health care teams;	Patient Care	Dutiful
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3. Course Resources

TEXTS AND READINGS: SUGGESTED

Articles (Linked to the article database):

- Shinall MC, Stahl D, Bibler TM. Addressing a Patient's Hope for a Miracle. J Pain Symptom Manage 2018; 55:535-9.
- Quill TE, Arnold R, Back AL. Discussing Treatment Preferences with Patients Who Want "Everything" Ann Intern Med 2009; 151:345-9.
- Billings JA. The End-of-Life Family Meeting in Intensive Care. J Palliat Med 2011; 14: 1042-64.
- Arnold RM, Quill TE. Hope for the Best, and Prepare for the Worst. Ann Intern Med 2003; 138:439-43
- Hallenbeck J, Arnold R. A Request for Nondisclosure: Don't Tell Mother. J Clin Onc 2007; 25: 5030-4.
- Mitchell SL. A 93-Year-Old man with Advanced Dementia and Eating Problems. JAMA 2007; 298: 2527-36.
- Schenker Y, Smith AK, Arnold RM, Fernandez A. "Her Husband Doesn't Speak Much English": Conducting a Family Meeting with an Interpreter. J Palliat Med. 2012; 15: 494-8.

Websites (with links):

- www.aahpm.org
- www.eperc.org

TEXTS AND READINGS: SUPPORTING AND REVIEW

Film

- "End Game" on Netflix
- On Our Own Terms: Moyers on Dying, <https://billmoyers.com/series/onour-own-terms-moyers-on-dying/>

4. Major Exams, Assignments and Grading

MANDATORY SESSIONS

Daily rounds

MAJOR ASSIGNMENTS AND EXAMS

Complete patient notes

GRADING

Medical Students are graded using the following scale: Honors (H), Pass (P), Fail (F) and Incomplete (I). For further information, please review the Grading Policy.

You have 30 days from the date of the grade to appeal any aspect of this grade. Please contact your Clerkship/course Director should you have any questions

Requirements for “Pass”:

To receive a grade of Pass, students must demonstrate successful performance in all the following areas:

- Knowledge
- Patient Care
- Practice-Based Learning
- Interpersonal & Communication Skills
- Professionalism
- Systems-Based Practice

Requirements for “Honors”:

To receive a grade of Honors, students must demonstrate exceptional performance all the following areas:

- Knowledge
- Patient Care
- Practice-Based Learning
- Interpersonal & Communication Skills
- Professionalism
- Systems-Based Practice

Grounds for “Incomplete”: You will not be issued a grade until all elements of the course have been completed.

REMEDIATION

Remediation, if needed will be designed by the Course Director to suit the issue at hand.

Grounds for “Fail”: You will receive a grade of "Fail" if the requirements for passing the course have not been met. Please refer to the Grading Policy for the impact of the "Fail" grade to the transcript.