

# 630R Palliative Medicine

This course is available to UC Irvine students only

**Course Name:** Palliative Medicine

**Course Director:** Shiho Ito

| Elective at a Glance  |                              |                           |
|---|------------------------------|---------------------------|
| <b>Available to:</b> <input type="checkbox"/> UCI MS3 students <input checked="" type="checkbox"/> UCI MS4 students <input type="checkbox"/> Extramural Students      |                              |                           |
| <b>Duration:</b> 2 or 4 weeks   | <b>Number of Students:</b> 1 | <b>Grading:</b> H / P / F |
| <b>Periods available:</b> The time of the course must be pre-approved by the elective director at least three months prior to the start of the course. No exceptions. |                              |                           |

## 1. Course Director, Coordinator and General Administrative Information

### FACULTY AND STAFF

| Name                                   | Office Location                             | Phone        | Email  |
|--|---|--------------|--|
| Course Director:<br>Shiho Ito          | City Tower Ste. 500                         | 714-456-5834 | <a href="mailto:itos@hs.uci.edu">itos@hs.uci.edu</a>       |
| Course Coordinator:<br>Mercedes Weston | 333 City Blvd Ste. 500,<br>Orange, CA 92868 | 714-456-5726 | <a href="mailto:mweston@hs.uci.edu">mweston@hs.uci.edu</a> |

### DESCRIPTION

This two- to four-week clinical rotation provides an opportunity for students to improve their knowledge of palliative care and pain and symptom management. They will appreciate the role of culture and spiritual needs in providing care for patients with serious and life-threatening illnesses. It is a unique opportunity to appreciate a team approach to patient care in the inpatient and outpatient setting. Students will be expected to function at the level of a sub-intern and work under the supervision of the attending physician.

### PREREQUISITES

This course is intended for fourth-year students enrolled in the undergraduate medical education program at UCI School of Medicine.

### RESTRICTIONS

This course is intended for fourth-year students enrolled in the undergraduate medical education program at UCI School of Medicine.

### COURSE DIRECTOR

**Shiho Ito, MD** is a board-certified UCI Health physician who specializes in hospital medicine and palliative care.

Mercedes Weston is the course coordinator for the 630R course.

**INFORMATION FOR THE FIRST DAY**

**Who to Report to on First Day:** Shiho Ito, MD

**Location to Report on First Day:** Bldg 26

**Time to Report on First Day:** 8 SM

**SITE:** UC Irvine Medical Center

**DURATION:** 2 or 4 weeks

**Scheduling Coordinator:** UC Irvine students please email [comsched@hs.uci.edu](mailto:comsched@hs.uci.edu) to make a scheduling appointment.

**Periods Available:** The time of the course must be pre-approved by the elective director at least three months prior to the start of the course. No exceptions.

**NUMBER OF STUDENTS ALLOWED:** 1 per rotation

**COMMUNICATION WITH FACULTY**

Questions about logistics should be directed to the Course Coordinator. Direct questions, comments, or concerns about the course can be directed to the Course Director. Contact information and office location are at the beginning of this document.

The Course Director is also available to meet in person. Please email [mweston@hs.uci.edu](mailto:mweston@hs.uci.edu) to arrange an appointment. To ensure that your email will not be lost in the large volume of email received, please use the following convention for the subject line:

**SUBJECT:** COURSE NAME, your last name, your issue (e.g. 630R, Smith, Request for appointment)

**2. Course Objectives and Program Objective Mapping**

The following are the learning objectives for the 630R course. Students are expected to demonstrate proficiency in these areas in order to satisfactorily complete the course. In addition, the extent of a student's mastery of these objectives will help guide the course evaluation and grade.

| <b>Course Objective</b> | <b>Mapped UCI School of Medicine Program Objective</b> | <b>Sub Competency</b> | <b>Core Competency</b> |
|-------------------------|--|-----------------------|------------------------|
|-------------------------|--|-----------------------|------------------------|

|   |   |                                    |               |
|---|---|------------------------------------|---------------|
| Take a history and physical examination and communicate effectively in ways essential to palliative medicine.   | B1. The ability to competently conduct a medical interview and counseling to take into account patient health beliefs, patient agenda and the need for comprehensive medical and psychosocial assessment; | Medical Interview                  | Skillful      |
|   | B2. The ability to competently perform a complete and organsystem-specific examination including a mental health status examination   | Physical Examination               | Skillful      |
| Understand and respond to the psychological, sociological, cultural and spiritual aspects of patients with serious and life-threatening illnesses and their families. | A5. Knowledge of medical practice, including health care economics and health systems impacting delivery and quality of patient care.   | Medical Practice                   | Knowledgeable |
|   | C3. Sensitivity and awareness of diverse cultures, health beliefs and social factors impacting patient health and illness;  | Cultural and Social Awareness      | Altruistic    |
|   | C4. The commitment to seek knowledge and skills to better serve the needs of the underserved in their communities.  | Cultural and Social Awareness      | Altruistic    |
| Understand the pathophysiology and management of common symptoms.   | A2. Knowledge of the pathogenesis of diseases, interventions for effective treatment, and mechanisms of health maintenance to prevent disease;  | Disease Pathogenesis and Treatment | Knowledgeable |
| Formulate a treatment plan, incorporating biological, psychological and social influences.  | B3. The ability to articulate a cogent, accurate assessment and plan, and problem list, using diagnostic clinical reasoning skills in all the major disciplines;  | Patient Management                 | Skillful      |
| Work with an interdisciplinary team of care   | C1. Honesty and integrity reflecting the standards of the profession, in interacting  | Professionalism                    | Altruistic    |

|  |   |              |         |
|--|---|--------------|---------|
| providers to provide coordinated comfort care for patients with serious and life-threatening illnesses and their families. Understand points of consensus and controversy in the ethical aspects of palliative care. | with colleagues, patients, families and professional organizations;<br>D2. A commitment to coordinated patient care and to the wellbeing of patients and colleagues as evidenced by effective collaboration on interprofessional health care teams; | Patient Care | Dutiful |
|--|---|--------------|---------|

### 3. Course Resources

#### TEXTS AND READINGS: SUGGESTED

Articles (Linked to the article database):

- Shinall MC, Stahl D, Bibler TM. Addressing a Patient’s Hope for a Miracle. J Pain Symptom Manage 2018; 55:535-9.
- Quill TE, Arnold R, Back AL. Discussing Treatment Preferences with Patients Who Want “Everything” Ann Intern Med 2009; 151:345-9.
- Billings JA. The End-of-Life Family Meeting in Intensive Care. J Palliat Med 2011; 14: 1042-64.
- Arnold RM, Quill TE. Hope for the Best, and Prepare for the Worst. Ann Intern Med 2003; 138:439-43
- Hallenbeck J, Arnold R. A Request for Nondisclosure: Don’t Tell Mother. J Clin Onc 2007; 25: 5030-4.
- Mitchell SL. A 93-Year-Old man with Advanced Dementia and Eating Problems. JAMA 2007; 298: 2527-36.
- Schenker Y, Smith AK, Arnold RM, Fernandez A. “Her Husband Doesn’t Speak Much English”: Conducting a Family Meeting with an Interpreter. J Palliat Med. 2012; 15: 494-8.

Websites (with links):

- [www.aahpm.org](http://www.aahpm.org)
- [www.eperc.org](http://www.eperc.org)

#### TEXTS AND READINGS: SUPPORTING AND REVIEW

Film

- “End Game” on Netflix
- On Our Own Terms: Moyers on Dying, <https://billmoyers.com/series/onour-own-terms-moyers-on-dying/>

### 4. Major Exams, Assignments and Grading

#### MANDATORY SESSIONS

Daily rounds

## **MAJOR ASSIGNMENTS AND EXAMS**

Complete patient notes

## **GRADING**

Medical Students are graded using the following scale: Honors (H), Pass (P), Fail (F) and Incomplete (I). For further information, please review the Grading Policy.

You have 30 days from the date of the grade to appeal any aspect of this grade. Please contact your Clerkship/course Director should you have any questions

### **Requirements for “Pass”:**

To receive a grade of Pass, students must demonstrate successful performance in all the following areas:

- Knowledge
- Patient Care
- Practice-Based Learning
- Interpersonal & Communication Skills
- Professionalism
- Systems-Based Practice

### **Requirements for “Honors”:**

To receive a grade of Honors, students must demonstrate exceptional performance all the following areas:

- Knowledge
- Patient Care
- Practice-Based Learning
- Interpersonal & Communication Skills
- Professionalism
- Systems-Based Practice

***Grounds for “Incomplete”:*** You will not be issued a grade until all elements of the course have been completed.

## **REMEDIATION**

Remediation, if needed will be designed by the Course Director to suit the issue at hand.

**Grounds for “Fail”:** You will receive a grade of "Fail" if the requirements for passing the course have not been met. Please refer to the Grading Policy for the impact of the "Fail" grade to the transcript.