

685S Men's Health

This rotation is not accepting international students

Course Name Men's Health

Course Director Jessica Yih, MD

Elective at a Glance		
Available to: <input checked="" type="checkbox"/> UCI MS3 students <input checked="" type="checkbox"/> UCI MS4 students <input checked="" type="checkbox"/> Extramural Students		
Duration: 4 weeks	Number of Students: 1	Grading: H / P / F
Periods available: The time of the course must be pre-approved by the elective director at least three months prior to the start of the course. No exceptions.		

1. Course Director, Coordinator and General Administrative Information

FACULTY AND STAFF

Name	Office Location	Phone	Email
Director: Jessica Yih, MD	3800 Chapman Ave, Ste. 7200, Orange CA 92868	714-456-6719	jyih@hs.uci.edu
Coordinator: Molly Blair	3800 Chapman Ave, Ste. 7200, Orange CA 92868	714-456-6719	mcblair@hs.uci.edu

DESCRIPTION

In 1920, the mean lifespan of a woman was just one year longer than that of a man. Today the mean lifespan of women exceeds that of men by six years. The men's health course is a multi-disciplinary effort designed to address diseases that are specific to, or have a higher incidence, in men. The course will also address behavioral barriers and risk factors to good health. While many of the issues related to men's health are urological in nature, this course is designed as a comprehensive multidisciplinary evaluation of men's health issues. The course incorporates issues related to men's cardiovascular, mental, endocrinological and nutritional health. The course will also focus on preventative medicine and strategies to preserve high quality long-term health in men.

PREREQUISITES

This course is intended for third- and fourth-year students enrolled in the undergraduate medical education program at UCI School of Medicine.

RESTRICTIONS

This course is intended for third- and fourth-year students enrolled in the undergraduate medical education program at UCI School of Medicine.

COURSE DIRECTORS

Dr. Jessica Yih, MD is Assistant Professor at UCI Urology. She received her medical degree from Wayne State University School of Medicine, Urology residency at Case Western Cleveland Medical Center, then completed a combined fellowship program for male fertility and men and women's sexual dysfunction at San Diego Sexual Medicine.

She specializes in male infertility, female sexual health and menopause, and male sexual dysfunction. These are personal, sensitive topics for her patients, and she enjoys being able to directly improve the quality of life for her patients who suffer from sexual health conditions.

Molly Blair is the course coordinator for 685F course.

INFORMATION FOR THE FIRST DAY

Who to Report to on First Day: Molly Blair

Location to Report on First Day: UCI Department of Urology

Time to Report on First Day: 8:00 am

SITE: UCI Medical Center, UCI Health Birch Street and Long Beach VA Healthcare System

DURATION: 4 weeks

Scheduling Coordinator: UC Irvine students please email comsched@hs.uci.edu to make a scheduling appointment.

Extramural students enrolled at a U.S. LCME medical school must use VSAS to apply. To apply please refer to the [Visiting Student Learning Opportunities](#) website.

Periods Available: The time of the course must be pre-approved by the elective director at least three months prior to the start of the course. No exceptions.

NUMBER OF STUDENTS ALLOWED: 1 per rotation

WHAT STUDENTS SHOULD DO TO PREPARE FOR THE COURSE

- Review elements of urologic history and examination.
- Review basic urology from your core course material.
- Review hormonal control specially the pituitary-gonadal axis and metabolic syndrome

COMMUNICATION WITH FACULTY

Questions about logistics should be directed to the Course Coordinator. Direct questions, comments, or concerns about the course can be directed to the Course Director. Contact information and office location are at the beginning of this document.

The Course Director is also available to meet in person. Please email mcblair@hs.uci.edu to arrange an appointment. To ensure that your email will not be lost in the large volume of email received, please use the following convention for the subject line:

SUBJECT: COURSE NAME, your last name, your issue (e.g. 685S, Smith, Request for appointment)

2. Course Objectives and Program Objective Mapping

The following are the learning objectives for the 685S course. Students are expected to demonstrate proficiency in these areas to satisfactorily complete the course. In addition, the extent of a student's mastery of these objectives will help guide the course evaluation and grade.

Course Objective	Mapped UCI School of Medicine Program Objective	Sub Competency	Core Competency
Understand the epidemiology and scope of Men's Health (MH) issues.	A-4. Knowledge of population health, epidemiology principles and the scientific basis of research methods relevant to healthcare	Population Health and Epidemiology	Knowledgeable
Identify risk factors and barriers to good MH.	A-2. Knowledge of the pathogenesis of diseases, interventions for effective treatment, and mechanisms of health maintenance to prevent disease	Disease Pathogenesis and Treatment	Knowledgeable
Demonstrate communication skills specific to explore MH issues.	B-3. The ability to articulate a cogent, accurate assessment and plan, and problem list, using diagnostic clinical reasoning skills in all the major disciplines	Patient Management	Skillful
Understand the management of prostate cancer, benign prostatic hyperplasia, lower urinary tract symptoms, and testicular cancer.	A-1. Knowledge of the structure and function of the major organ systems, including the molecular, biochemical and cellular mechanisms for maintaining homeostasis	Structure and Function of Organ Systems	Knowledgeable
Understand male sexual dysfunction and hypogonadism.	A-2. Knowledge of the pathogenesis of diseases, interventions for effective treatment, and mechanisms of	Disease Pathogenesis and Treatment	Knowledgeable

	health maintenance to prevent disease		
Understand metabolic syndrome, obesity and diabetes.	A-2. Knowledge of the pathogenesis of diseases, interventions for effective treatment, and mechanisms of health maintenance to prevent disease	Disease Pathogenesis and Treatment	Knowledgeable
Understand cardiovascular risks and relationship to sexual dysfunction and Lower Urinary Tract Symptoms (LUTS).	A-2. Knowledge of the pathogenesis of diseases, interventions for effective treatment, and mechanisms of health maintenance to prevent disease	Disease Pathogenesis and Treatment	Knowledgeable
Address nutritional counseling and role of integrative medicine.	B-6. The ability to function effectively within the context of complexity and uncertainty in medical care	Patient Management	Skillful

3. Course Resources

TEXTS AND READINGS: SUGGESTED

- Topics related to Men's health in Smith's General Urology (LANGE Clinical Science)

TEXTS AND READINGS: SUPPORTING AND REVIEW

- Campbell's Urology, Saunders

UCI International annual Men's Health Course

It is a two-days course and usually is held in the spring of each year. It is an intensive course of didactics and cadaver training. Please check for dates and availability since the number is limited.

4. Major Exams, Assignments and Grading

MAJOR ASSIGNMENTS AND EXAMS

Veterans Administration Medical Center at Long Beach is the major assignment. In addition, the subspecialty clinics of Drs. Das and Yafi will be available. Many office procedures can be attended including urodynamics, cystoscopy, prostate biopsy, penile Doppler and penile injections.

There are no exams for this elective

GRADING

Medical Students are graded using the following scale: Honors (H), Pass (P), Fail (F) and Incomplete (I). For further information, please review the [Grading Policy](#). The student will receive a grade of Honors, Pass or Fail. The student's final grade will be submitted on the standard UCI elective evaluation form. The student's evaluation will be based on attendance and performance for the period of time he/she is assigned to the Urologic service. We expect the students to make rounds, attend clinics, be present at bedside teaching rounds, assist in the workup of the patient and, when possible, attend the surgical procedures, (main OR, prostate ultrasound/biopsy and the cystoscopy clinic). Based on all of the above, the student's grade is formulated after there has been appropriate consultation with the teaching staff and resident physicians who supervised the student's work. If the student fails the elective, a grade of "F" will be permanently recorded on his/her transcript. The student can repeat the course for a second grade; however, the "F" will not be removed from the transcript. You have 30 days from the date of the grade to appeal any aspect of this grade. Please contact your Clerkship/course Director should you have any questions.

Requirements for "Pass": To receive a grade of Pass, students must demonstrate successful performance in all the following areas:

- Knowledge
- Patient Care
- Practice-Based Learning
- Interpersonal & Communication Skills
- Professionalism
- Systems-Based Practice

Requirements for "Honors": To receive a grade of Honors, students must demonstrate exceptional performance in all the following areas:

- Knowledge
- Patient Care
- Practice-Based Learning
- Interpersonal & Communication Skills
- Professionalism
- Systems-Based Practice

Grounds for "Incomplete": You will not be issued a grade until all elements of the course have been completed.

REMEDIATION

Remediation, if needed, will be designed by the Course Director to suit the issue at hand.

Grounds for "Fail": You will receive a grade of "Fail" if the requirements for passing the course have not been met. Please refer to the [Grading Policy](#) for the impact of the "Fail" grade to the transcript.