

# 675D Child and Adolescent Psychiatry

This course is available to UC Irvine students only

**Course Name** Child and Adolescent Psychiatry

**Course Director** Carolyn Cookson, MD,

<b>Elective at a Glance</b>		
<b>Available to:</b> [X] UCI MS3 students [X] UCI MS4 students [X] Extramural Students		
<b>Duration:</b> 4 weeks	<b>Number of Students:</b> 1	<b>Grading:</b> H / P / F
<b>Periods available:</b> The time of the course must be pre-approved by the elective director at least 3 months prior to the start of the course. No exceptions.		

## 1. Course Director, Coordinator and General Administrative Information

### FACULTY AND STAFF

Name	Office Location	Email
<b>Psychiatry Medical Education Director</b>		
Carolyn Cookson, MD	UCI Medical Center	<a href="mailto:ccookson@hs.uci.edu">ccookson@hs.uci.edu</a>
<b>Course Directors</b>		
Mahta Baghoolizadeh, MD	PHP/IOP	<a href="mailto:baghoolm@hs.uci.edu">baghoolm@hs.uci.edu</a>
Lavanya Wusirika, MD	CHOC	<a href="mailto:lavanya.wusirika@choc.org">lavanya.wusirika@choc.org</a>
<b>Medical Student Coordinators</b>		
Kim Moss		<a href="mailto:mossk1@hs.uci.edu">mossk1@hs.uci.edu</a>
Vanessa Valle		<a href="mailto:vvalle1@hs.uci.edu">vvalle1@hs.uci.edu</a>
<b>Medical Education Manager</b>		
Nallely Aparicio		<a href="mailto:naparici@hs.uci.edu">naparici@hs.uci.edu</a>

### DESCRIPTION

The student will be assigned inpatient responsibilities in both pediatric and adolescent psychiatric settings. Students will work directly with patients, communicate with parents, will attend unit groups, rounds, and seminars. Students will read articles related to depression, sexual abuse, substance abuse, and pharmacology as it relates to children and adolescents.

### PREREQUISITES

This course is intended for fourth-year SOM students enrolled in the Undergraduate Medical Education program at the University of California, Irvine School of Medicine (UCISOM).

### RESTRICTIONS

Third-year students may contact the clerkship coordinator to inquire about eligibility. The elective is also open to visiting fourth-year students except at the CHOC location.

**INFORMATION FOR THE FIRST DAY**

**Who/Location/Time to Report to on First Day:** Contact Course Coordinator

**SITE:**

UCI Health Medical Center	101 The City Drive , Neuropsychiatric Center (Building 3) "2 North" Orange, CA 92868
UCI Chapman Pavilion Partial Hospitalization (PHP/IOP)	3800 W. Chapman Ave., 5 <sup>th</sup> Floor Orange, CA. 92868
CHOC-MHIC*  *This location is only available to UCI Students	1201 W. La Veta Ave., 3 <sup>rd</sup> Floor in research Orange, CA. 92868

**DURATION:** 4 weeks

**Scheduling Coordinator:** UCI students please email [comsched@hs.uci.edu](mailto:comsched@hs.uci.edu) to make a scheduling appointment.

Extramural students enrolled at a U.S. LCME medical school must use VSAS to apply. To apply please refer to the [Visiting Student Learning Opportunities](#) website.

**Periods Available:** The time of the course must be pre-approved by the elective director at least 3 months prior to the start of the course. No exceptions.

**NUMBER OF STUDENTS ALLOWED:** 1 per rotation block.

**WHAT STUDENTS SHOULD DO TO PREPARE FOR THE COURSE**

- Be familiar with the major diagnostic categories in DSM-V-TR, particularly those that typically present in childhood or adolescents.
- Be familiar with the different classes of medications that are used in psychiatry.
- Be familiar with the different rating scales for prevalent adolescent diagnoses.

**COMMUNICATION WITH FACULTY**

Questions about logistics should be directed to the Course Coordinator. Direct questions, comments, or concerns about the course can be directed to the Course Director. Contact information and office location are at the beginning of this document.

The Course Director is also available to meet in person. Please email [mossk1@hs.uci.edu](mailto:mossk1@hs.uci.edu) to arrange an appointment. To ensure that your email will not be lost in the large volume of email received, please use the following convention for the subject line:

SUBJECT: COURSE NAME, your last name, your issue (e.g. 675D, Smith, Request for appointment)

## 2. Course Objectives and Program Objective Mapping

The following are the learning objectives for the 675D course. Students are expected to demonstrate proficiency in these areas in order to satisfactorily complete the course. In addition, the extent of a student's mastery of these objectives will help guide the course evaluation and grade.

Course Objective	Mapped UCI School of Medicine Program Objective	Sub Competency	Core Competency
The purpose of the psychiatric interview	A-3. Knowledge of basic clinical skills required to meet the skills objectives, including interviewing, physical diagnosis, communication and clinical reasoning processes	Basic Clinical Skills	Knowledgeable
The purpose and form of the psychiatric work-up	A-3. Knowledge of basic clinical skills required to meet the skills objectives, including interviewing, physical diagnosis, communication and clinical reasoning processes	Basic Clinical Skills	Knowledgeable
The major manifestations and differential diagnosis of the following psychiatric disorder: Substance-Related, Schizophrenia, Mood, Anxiety, Somatoform, Sexual, Sleep, Personality, Factitious, Dissociate and Amnestic, and Childhood	A-2. Knowledge of the pathogenesis of diseases, interventions for effective treatment, and mechanisms of health maintenance to prevent disease	Disease Pathogenesis and Treatment	Knowledgeable

Disorders, with particular attention to the manifestation of these disorders in children and adolescents.			
The major groups of psychopharmacologic agents used in child and adolescent psychiatry, including their indications, effects, side effects and contraindications, with particular reference to antipsychotics, antidepressants, mood stabilizers, anxiolytic agents, sedative/hypnotic agents, and stimulants.	A-2. Knowledge of the pathogenesis of diseases, interventions for effective treatment, and mechanisms of health maintenance to prevent disease	Disease Pathogenesis and Treatment	Knowledgeable
An understanding of the major psychosocial interventions and their indications, including the use of psychotherapy, family and social case work in children and adolescents	A-3. Knowledge of basic clinical skills required to meet the skills objectives, including interviewing, physical diagnosis, communication and clinical reasoning processes	Basic Clinical Skills	Knowledgeable
The legal and psychological principles of treating the violent, the suicidal, the incompetent, and the uncooperative patient	A-4. Knowledge of population health, epidemiology principles and the scientific basis of research methods relevant to healthcare	Population Health and Epidemiology	Knowledgeable
Familiarity with the major services available to the mentally ill, as well as social services for child and adolescent patients, and methods of referral to such services.	A-5. Knowledge of medical practice, including healthcare economics and health systems impacting delivery and quality of patient care	Medical Practice	Knowledgeable

### 3. Course Resources

#### TEXTS AND READINGS: SUGGESTED

- Child & Adolescent Psychopharmacology, Hugo Green

- Child and Adolescent Psychiatry - A Comprehensive Textbook. Melvin Lewis. Williams and Wilkins.
- Child and Adolescent Psychopharmacology. Gread, Wayne, Williams and Wilkins.

#### **4. Major Exams, Assignments and Grading**

**MANDATORY SESSIONS:** N/A

**MAJOR ASSIGNMENTS AND EXAMS:** N/A

##### **GRADING**

##### **Requirements for “Pass”:**

To receive a grade of Pass, students must demonstrate successful performance in all the following areas:

- Knowledge
- Patient Care
- Practice-Based Learning
- Interpersonal & Communication Skills
- Professionalism
- Systems-Based Practice

##### **Requirements for “Honors”:**

To receive a grade of Honors, students must demonstrate exceptional performance all the following areas:

- Knowledge
- Patient Care
- Practice-Based Learning
- Interpersonal & Communication Skills
- Professionalism
- Systems-Based Practice

**Grounds for “Incomplete”:** You will not be issued a grade until all elements of the course have been completed.

##### **REMEDIATION**

Remediation, if needed will be designed by the Course Director to suit the issue at hand.

**Grounds for “Fail”:** You will receive a grade of "Fail" if the requirements for passing the course have not been met. Please refer to the [Grading Policy](#) for the impact of the "Fail" grade to the transcript.