

670A Physical Medicine & Rehabilitation

This rotation is not accepting international students.

Course Name Physical Medicine & Rehabilitation

Course Director Dr. David Majors, MD

Elective at a Glance		
Available to: <input checked="" type="checkbox"/> UCI MS3 students <input checked="" type="checkbox"/> UCI MS4 students <input type="checkbox"/> Extramural Students		
Duration: 2 or 4 week	Number of Students: 2 -3	Grading: H / P / F
Periods available: Throughout the year, except June 22, 2026 - July 19, 2026		

1. Course Director, Coordinator and General Administrative Information

FACULTY AND STAFF

Name	Office Location	Phone	Email
Course Director: Dr. David Majors, MD	101 The City Dr. S., Bldg. 53, Rm. 311A	714-456-6668	dmajors1@hs.uci.edu
Course Coordinator: Diana Arsharuni	101 The City Dr. S., Bldg. 53, Rm. 311A	714-456-6668	darsharu@hs.uci.edu

DESCRIPTION

This course is offered as a 2-week or 4-week elective to provide students with a full-time experience in the field of Physical Medicine & Rehabilitation (PM&R). Students will be exposed to inpatient rehabilitation and consult experiences at UCI Medical Center and will learn the roles of a PM&R specialist, as well as those of physical therapy, occupational therapy, speech therapy and other clinicians in the multidisciplinary approach to managing patients with an impairment, disability, and handicap. Students work under supervision of resident and attending physicians, participate in formal lectures as well as client teaching. Those doing a 2-week rotation will attend one half day of outpatient musculoskeletal clinic. Those doing a 4-week rotation will experience two weeks of outpatient musculoskeletal clinic at the Long Beach VA.

PREREQUISITES

UCI medical students must have successfully completed their basic science curriculum.

For fourth year UCI students, please submit a brief personal statement to describe your reason for requesting this rotation and your goals (what would you like to learn and in what setting).

Also, please include your possible subspecialty considerations for the future and if you will be applying to PM&R for residency.

RESTRICTIONS

Please note that the months of June - January are high demand months for auditioning fourth year medical students. We expect that if you are approved for this rotation that you are serious about the experience and will not cancel your rotation. If you plan to cancel your rotation, we expect at least a 30-day notice so we can schedule another student on the waitlist. **Please consider scheduling your third-year rotation during February - May instead if possible.**

We currently are not accepting extramural third year medical students for elective rotations, however if you are interested in a shadowing opportunity, please contact Diana Arsharuni darsharu@hs.uci.edu.

COURSE DIRECTOR

Dr. David Majors, MD

INSTRUCTING FACULTY: Jay Han, MD, David Majors, MD, Bi-Ying Yeh, MD, Shahira Khoury, MD, Valerie Chave-Arom, MD and Rachel Sunico, MD Physical Medicine & Rehabilitation (PM&R)

MEDICAL STUDENT COORDINATOR: Diana Arsharuni, Department of Physical Medicine & Rehabilitation (PM&R)

WEBSITE: <http://www.pmr.uci.edu/medical-students.asp>

INFORMATION FOR THE FIRST DAY

Who/Location to Report to on First Day: Medical Student Coordinator will provide instructions.

Time to Report on First Day: 7:00 a.m.

SITE: UCI Medical Center (2-week) 4-week rotation also includes two weeks at Long Beach VA Healthcare System.

DURATION: 2-week and 4-week rotations are available.

Scheduling Coordinator: UCI students please email comsched@hs.uci.edu to make a scheduling appointment.

Extramural students enrolled at a U.S. LCME medical school must use VSAS to apply. To apply please refer to the [Visiting Student Learning Opportunities](#) website.

Periods Available: Throughout the year, except June 22, 2026 - July 19, 2026

NUMBER OF STUDENTS ALLOWED: 2 -3 per rotation block

WHAT STUDENTS SHOULD DO TO PREPARE FOR THE COURSE:

Review basic physical examination skills, neurologic exam skills, musculoskeletal anatomy, basic internal medicine knowledge.

COMMUNICATION WITH FACULTY: Questions about logistics should be directed to the Course Coordinator. Direct questions, comments, or concerns about the course can be directed to the Course Director. Contact information and office location are at the beginning of this document.

The Course Director is also available to meet in person. Please email darsharu@hs.uci.edu to arrange an appointment. To ensure that your email will not be lost in the large volume of email received, please use the following convention for the subject line:

SUBJECT: COURSE NAME, your last name, your issue (e.g. 670A, Smith, Request for appointment)

2. Course Objectives and Program Objective Mapping

The following are the learning objectives for the 670A course. Students are expected to demonstrate proficiency in these areas in order to satisfactorily complete the course. In addition, the extent of a student's mastery of these objectives will help guide the course evaluation and grade.

Course Objective	Mapped UCI School of Medicine Program Objective	Sub Competency	Core Competency
Be acquainted with PM&R as a medical specialty			
Understand appropriate situations for referral to PM&R			
Learn the scope and nature of PM&R practice			
Be able to discuss functional implications of illnesses and injuries			
Be able to discuss the impact of chronic illness and pain on the individual, family, and community, including social, economic, and cultural implications			
Be able to perform a psychiatric history, with emphasis on functional			

abilities and limitations and psychosocial factors			
Acquire skills in physical examination of the neurologic and musculoskeletal systems, with clear understanding of manual muscle testing and range of motion testing			
Be able to discuss therapeutic options available to patients with disorders of the musculoskeletal and nervous systems			
Be able to describe the advantages of a rehabilitation team, member disciplines, and special abilities of each team member			
Be able to describe the different facilities and levels of care appropriate for the different stages in the rehabilitative and recovery course			

KEY TOPICS: Musculoskeletal and neurologic exam; rehabilitation assessment, multi-disciplinary model and team approach to patient care.

COMPETENCIES: Musculoskeletal and neurologic examination skills

ATTITUDES AND COMMITMENTS: Understand PM&R and how referral to this specialty can benefit patients.

CLINICAL RESPONSIBILITIES OF THE STUDENT: On inpatient and consult services, the student will be expected to carry 2-4 patients throughout the rotation.

PATIENT CARE RESPONSIBILITIES: On inpatient and consult services, the student will be expected to be able to conduct a thorough history and physical exam, and be able to present patients in a structured, organized manner. They should be able to generate a basic differential diagnosis and have ideas for a medical plan.

3. Course Resources

TEXTS AND READINGS: RECOMMENDED

UCI PM&R Medical Student Handbook – provided prior to the course start date

4. Major Exams, Assignments and Grading

MANDATORY SESSIONS

Conference/Lecture/Small Group Session: Medical students are required to attend the weekly PM&R didactic sessions held on Thursday afternoons from 1:00 p.m – 5:00 p.m. They will also be required to give a presentation about a PM&R topic at the end of their rotation at UCIMC.

Course Hours Weekly Summary: 40 hours / week

Percentage of Time in Ambulatory Setting: One half day during a 2-week rotation. One week during a 4-week rotation.

MAJOR ASSIGNMENTS AND EXAMS:

Education Activities: Varies with assignment (will incorporate clinical exposure, didactic learning, and small group discussions).

OFFICIAL GRADING POLICY: The student will receive a grade based on their school's standard grading forms. UCI medical students' final grades will be submitted on the standard UCI elective form. Medical students will be evaluated by attendings and residents in the areas of medical knowledge, patient care, practice based learning, systems-based practice, interpersonal skills, communication skills, and professionalism.

Requirements for "Pass":

To receive a grade of Pass, students must demonstrate successful performance in all the following areas:

- Knowledge
- Patient Care
- Practice-Based Learning
- Interpersonal & Communication Skills
- Professionalism
- Systems-Based Practice

Requirements for "Honors":

To receive a grade of Honors, students must demonstrate exceptional performance all the following areas:

- Knowledge
- Patient Care
- Practice-Based Learning
- Interpersonal & Communication Skills
- Professionalism
- Systems-Based Practice

Grounds for "Incomplete": You will not be issued a grade until all elements of the course have been completed.

REMEDIATION

Remediation, if needed will be designed by the Course Director to suit the issue at hand.

Grounds for “Fail”: You will receive a grade of "Fail" if the requirements for passing the course have not been met. Please refer to the [Grading Policy](#) for the impact of the "Fail" grade to the transcript.