

625F Geriatric Medicine

This rotation is for UCI students only.
Students must obtain permission from the course director prior to enrollment in this course.

Course Name Geriatric Medicine
Course Director Sonia Sehgal, MD

Elective at a Glance

Available to: UCI MS3 students UCI MS4 students Extramural Students

Duration: 2 to 4 weeks **Number of Students:** 2 **Grading:** H / P / F

Periods available: The time of the course must be pre-approved by the elective director.

1. Course Director, Coordinator and General Administrative Information

FACULTY AND STAFF

Name	Office Location	Phone	Email
Director: Sonia Sehgal, MD	200 S. Manchester, Suite 835, Orange, CA 92868	714-456-5530	ssehgal@hs.uci.edu
Coordinator: Kathryn Kennedy	200 S. Manchester, Suite 835, Orange, CA 92868	714-509-2317	kennedy@hs.uci.edu

DESCRIPTION

The Geriatric Medicine elective offers medical students an immersive clinical experience focused on the unique healthcare needs of older adults. Through supervised patient care, interdisciplinary collaboration, and case-based learning, students develop a comprehensive understanding of the principles and practice of geriatric medicine.

During this elective, students refine skills in comprehensive geriatric assessment, including evaluation of cognitive function, functional status, mobility, polypharmacy, mood disorders, and social determinants of health. Students participate in care across a variety of settings—such as outpatient geriatric clinics, inpatient consult services, skilled nursing facilities, home-based primary care, and interdisciplinary team meetings—to appreciate the continuum of care for older adults.

Key topics include multimorbidity management, medication optimization, goals-of-care discussions, advance care planning, transitions of care, falls assessment,

dementia diagnosis and management, and approaches to preserving independence and quality of life. Students work closely with geriatricians, pharmacists, social workers, physical therapists, and other allied health professionals to understand the value of team-based geriatric care.

By the end of the elective, students will be able to apply geriatric principles to patient care, communicate effectively with both older adults and their caregivers, recognize age-related vulnerabilities, and incorporate patient-centered, goal-aligned decision-making into clinical practice. This elective is particularly valuable for students interested in internal medicine, family medicine, neurology, palliative care, and any specialty caring for aging populations.

PREREQUISITES

UCI students must have successfully completed their basic science curriculum.

RESTRICTIONS

UCI students only. Students must obtain permission from the Elective Director prior to enrollment.

COURSE DIRECTOR

Dr. Sonia Sehgal is the course director for the 625F course.
Kathryn Kennedy is the course coordinator for the 625F course.

INFORMATION FOR THE FIRST DAY: Please refer to individual schedule.

SITE: UCI Medical Center Senior Health Clinic, affiliated skilled nursing facilities, community-based settings for older adults

DURATION: 2-4 weeks

Scheduling Coordinator: UC Irvine students please email comsched@hs.uci.edu to make a scheduling appointment.

Periods Available: The time of the course must be pre-approved by the elective director at least three months prior to the start of the course. No exceptions.

NUMBER OF STUDENTS ALLOWED: 2 per rotation

WHAT STUDENTS SHOULD DO TO PREPARE FOR THE COURSE

Please refer to materials provided upon starting rotation.

COMMUNICATION WITH FACULTY

Questions about logistics should be directed to the Course Coordinator. Direct questions, comments, or concerns about the course can be directed to the Course Director. Contact information and office location are at the beginning of this document.

The Course Director is also available to meet in person. Please email kennedy@hs.uci.edu to arrange an appointment. To ensure that your email will not be lost in the large volume of email received, please use the following convention for the subject line:

SUBJECT: COURSE NAME, your last name, your issue (e.g. 625F, Smith, Request for appointment)

2. Course Objectives and Program Objective Mapping

The following are the learning objectives for the 625F course. Students are expected to demonstrate proficiency in these areas in order to satisfactorily complete the course. In addition, the extent of a student's mastery of these objectives will help guide the course evaluation and grade.

Course Objective	Mapped UCI School of Medicine Program Objective	Sub Competency	Core Competency
Recognize the unique medical needs of older adult patients.	C-3. Sensitivity and awareness of diverse cultures, health beliefs and social factors impacting patient health and illness	Cultural and Social Awareness	Altruistic
Demonstrate communication skills appropriate for older patients.	B-1. The ability to competently conduct a medical interview and counseling to take into account patient health beliefs, patient agenda and the need for comprehensive medical and psychosocial assessment	Medical Interview	Skillful
Identify psychosocial concerns inherent in managing older adult medical problems.	B-1. The ability to competently conduct a medical interview and counseling to take into account patient health beliefs, patient agenda and the need for comprehensive medical and psychosocial assessment	Medical Interview	Skillful

Understand the importance of polypharmacy and de-prescribing.	A-2. Knowledge of the pathogenesis of diseases, interventions for effective treatment, and mechanisms of health maintenance to prevent disease	Disease Pathogenesis and Treatment	Knowledgeable
Diagnose Alzheimer’s Disease and other common forms of dementia.	A-2. Knowledge of the pathogenesis of diseases, interventions for effective treatment, and mechanisms of health	Disease Pathogenesis and Treatment	Knowledgeable
Acquire an understanding of some of the most common problems seen by family physicians.	A-2. Knowledge of the pathogenesis of diseases, interventions for effective treatment, and mechanisms of health maintenance to prevent disease	Disease Pathogenesis and Treatment	Knowledgeable

3. Course Resources

TEXTS AND READINGS: SUGGESTED

Provided on first day of rotation.

4. Major Exams, Assignments and Grading

MANDATORY SESSIONS

Session Title	Location
Geriatric Medicine Journal Club	Reference schedule provided by Course Coordinator
Grand Rounds – Medication Utilization in Older Adults	Reference schedule provided by Course Coordinator.

MAJOR ASSIGNMENTS AND EXAMS

N/A

GRADING

Medical Students are graded using the following scale: Honors (H), Pass (P), Fail (F), and Incomplete (I). For further information, please review the Grading Policy.

You have 30 days from the date of the grade to appeal any aspect of this grade. Please contact your Clerkship/course Director should you have any questions

Requirements for “Pass”:

To receive a grade of Pass, students must demonstrate successful performance in all the following areas:

- Knowledge
- Patient Care
- Practice-Based Learning
- Interpersonal & Communication Skills
- Professionalism
- Systems-Based Practice

Requirements for “Honors”:

To receive a grade of Honors, students must demonstrate exceptional performance in all the following areas:

- Knowledge
- Patient Care
- Practice-Based Learning
- Interpersonal & Communication Skills
- Professionalism
- Systems-Based Practice

Grounds for “Incomplete”: You will not be issued a grade until all elements of the course have been completed.

REMEDIATION

Remediation, if needed, will be designed by the Course Director to suit the issue at hand.

Grounds for “Fail”: You will receive a grade of "Fail" if the requirements for passing the course have not been met. Please refer to the [Grading Policy](#) for the impact of the "Fail" grade to the transcript.