### **UCI** School of Medicine

## Train New Trainers Primary Care – Child and Adolescent Psychiatry Fellowship

Optimizing the Pediatric Workforce

#### **Core Topics Include:**

- Diagnosis & Treatment of ADHD
- Child and Adolescent Psychiatric Interview/ Overview of Family-Focused Care
- Pediatric Sleep Problems & Disorders
- Overview of Behavioral Therapies
- Pediatric Depression
- Pediatric Anxiety Disorders
- Behavioral Issues, Learning Disorders, School Performance
- Sexual Orientation & Gender Identity in the Primary Care Setting
- Eating Disorders
- Early Manifestations of Psychosis: An Overview and Basic Strategies to Assessment and Treatment
- Adverse Childhood Experiences (ACEs) in
  Primary Care
- Advanced Parent-Child Interview
- Treatment of Substance Use Disorders in Youth
- Suicide Risk Assessment and Safety Planning
- Using MI Skills in Health Behavior Change
- Autism Spectrum Disorders

#### Fellowship Testimonials:

"UCI TNT Fellowship program provides the knowledge and builds my confidence to bring back in my practice. My patients have better assessment and prompt initial necessary treatment until being seen by mental health specialists. Moreover, I become a helpful resource for my peers when they encounter patients with common mental health conditions in family practice. UCI provides a great Fellowship Program." —Linh Dang, NP, 2022 Cohort

"The TNT PCP Fellowship [CAP Track] was a wonderful experience! I enjoyed learning more about psychiatry and was exactly what I needed to increase my skills. The collegiality was supportive and valuable." —Garry Crummer, MD, 2022 Cohort

"I had a great learning opportunity, during residency my training in adolescent mental health was very limited. Now working as faculty, I am able to apply what I learned from this fellowship and I am able to teach my residents as well."

—Diana Howard, MD, AAHIVS, 2023 Cohort

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# Primary Care – Child and Adolescent Psychiatry Fellowship

#### **About Us**

The UCI Train New Trainers (TNT) Primary Care - Child and Adolescent Psychiatry (PC-CAP) Fellowship is a yearlong clinical education certificate program for primary care-oriented trainees and providers who wish to receive advanced training in the care of pediatric and adolescent patients with behavioral health concerns. This training is provided by national experts, many of whom are "triple-boarded" in pediatrics, psychiatry and child / adolescent psychiatry. The program includes a strong focus on learning with translation to excellent delivery of behavioral healthcare for all youth and families, including underserved populations. PC-CAP started in 2022, with a goal to expand access and to facilitate better care and outcomes for youth and the primary care providers who work with them. Mostly importantly, trainees will learn how to teach these principles to their primary care colleagues.

#### **Multi-faceted Curriculum:**

The fellowship, developed and taught by UCI faculty and other national experts, comprises more than 45 required hours of training and results in a certificate of completion from UCI School of Medicine. Specific fellowship components include:

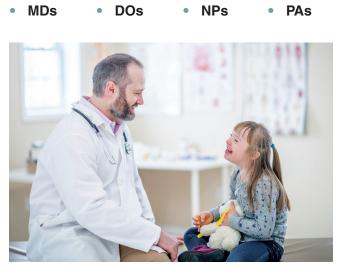
- Two weekend in-person teaching sessions (approximately 25 CME hours)
- Live, case-based discussions with a focus on integrated primary care psychiatry twice a month (at least 20 CME hours)

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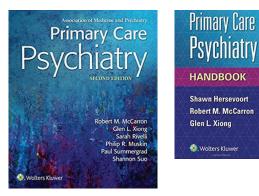
- One hour per month of small group mentoring sessions with a TNT PC-CAP faculty mentor
- Complimentary lifelong learning for alumni

This activity series has been approved for AMA PRA Category 1 Credits<sup>™</sup>.

#### Past Fellows Include:



#### Fellowship Textbook & Handbook:



Pre-, mid-, and post-testing will measure practice patterns and general knowledge in primary care child and adolescent psychiatry. Culturally and linguistically competent and person-centered clinical care will be emphasized. Reading materials will be provided.

#### Tuition: \$15,500



Scan the QR code for more info about the fellowship or visit <u>medschool.uci.edu/pc-cap</u>. Contact our team at tntpcpfellowship@hs.uci.edu or 949-824-4910.